

## PARTNER ABUSE: SAFETY BEHAVIORS INTERVENTION

### SESSION 2: ABUSE IS ABOUT POWER AND CONTROL AND MANY TYPES OF ABUSE ARE USED DURING PREGNANCY TO MAINTAIN CONTROL

TOPIC	Materials (Handouts)	Advisor Talking Points
<b>INTRODUCTION –</b> Review: Current Abuse Status	<ul style="list-style-type: none"> <li>Guide 1 - Cycle of Abuse</li> <li>Workbook 1- Cycle of Abuse Assessment</li> </ul>	<ul style="list-style-type: none"> <li>Last time we talked about the fact that you and your partner had some conflicts. Conflict is a normal part of relationships and couples have a variety of ways of solving differences.</li> <li>But it is very concerning when couples solve their differences by a woman and her baby being hurt.</li> <li>You remember the last time we talked about how the fighting can affect you or your baby.</li> <li>How are things in your relationship?</li> </ul> <p>(Use Workbook 1 - Cycle of Abuse Assessment – let her fill in where she is on the Cycle and give examples)</p> <ul style="list-style-type: none"> <li>Where are you on the Cycle – Please tell what has happened since we last talked.</li> <li>Tell about any new incidents of abuse.</li> <li>Has your behavior changed? How?</li> <li>Has his behavior changed? New types of abuse?</li> <li>Were you able to carry out any of your Safety Plan? <ul style="list-style-type: none"> <li>What were you able to do?</li> <li>Which part was harder to carry out?</li> </ul> </li> </ul>
<b>PARTNER ABUSE EDUCATION:</b>  <b>TYPES OF ABUSE</b>	<ul style="list-style-type: none"> <li>Guides 2-5 Types of Abuse</li> </ul>	<p>(Refer to Guides 2-5 –Types of Abuse )</p> <ul style="list-style-type: none"> <li>Abuse is about Power and Control</li> <li>Abuse is not about anger</li> <li>The abuser uses many types of abuse to maintain Power and Control</li> <li><b>Types Of Abuse</b></li> </ul> <p><b>Abuse can be physical, sexual, emotional or financial. Its purpose is to control, dominate or hurt an intimate partner through a pattern of controlling behaviors that could include:</b></p>

		<p><b>*<u>Emotional Abuse</u></b>  Name-calling  Jealousy  Stalking</p> <p><b>* <u>Verbal Abuse</u></b>  Yelling or screaming  Put downs</p> <p><b>* <u>Cultural Abuse</u></b>  Using culture to  excuse abusive behavior  Putting down your culture</p> <p><b>* <u>Physical/Threat of Physical Abuse</u></b>  Threatening looks  Driving dangerously  Throwing things at you or near you  Restraining you</p> <p><b>* <u>Sexual Abuse</u></b>  Having an affair  Forced Sex  Being critical of how you dress or look</p> <p>Sometimes these types of abuse will make you feel bad or that you are crazy.  Having friends or family whom you can talk with will help make you feel better.</p> <p>Who or what has been helpful to you in the past?  Who else or What other sources of help might be available to you – think about family, friends or authorities.</p>	<p><b>*<u>Mental/Intellectual Abuse</u></b>  Silent treatment  Threatening you and claiming he’s “just joking”</p> <p><b>* <u>Financial Abuse</u></b>  Making you account for all your spending  Spending money needed for household on himself  or gambling  Threatening to take all your money if you leave him</p> <p><b>* <u>Spiritual Abuse</u></b>  Attacking your beliefs</p> <p><b>* <u>Social Abuse</u></b>  Keeping you isolated  Controlling who you spend time with</p> <p><b>* <u>Using Children</u></b>  Putting you down in front of children  Threatening to take children from you</p>
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<b>SAFETY ASSESSMENT</b>	<ul style="list-style-type: none"> <li>Guide 6 – Safety Status Assessment</li> </ul>	<p>(Assess her current abuse status – Use Guide 6 - Safety Assessment Questions)</p> <ul style="list-style-type: none"> <li>Is the abuser – your current partner? Or a former partner? <ul style="list-style-type: none"> <li>Assess Her Safety (Guide 6) <ul style="list-style-type: none"> <li><b>Is the abuser here now?</b> __ Yes __ No</li> <li><b>Are you afraid of your partner?</b> __ Yes __ No</li> <li><b>Are you afraid to go home?</b> __ Yes __ No</li> <li><b>Has the physical violence increased in severity?</b> __ Yes __ No</li> <li><b>Has the abuser ever been reported for child abuse?</b> __ Yes __ No</li> <li><b>Have children witnessed violence in the home?</b> __ Yes __ No</li> <li><b>Has he threatened to kill you?</b> __ Yes __ No</li> <li><b>Has he threatened to kill himself?</b> __ Yes __ No</li> <li><b>Is there a gun in the home?</b> __ Yes __ No</li> <li><b>Does he use drugs or alcohol?</b> __ Yes __ No</li> </ul> </li> </ul> </li> </ul> <p>There is no Score that equals Danger - in general the more “Yes” answers, the higher the potential danger; <b>note</b> if she is afraid to go home or is afraid of her partner; if he has a gun and if he is using alcohol or drugs - Express your concern - I am very concerned about your immediate safety. There are things we can do right now - you can call a family member or friend, I can call the shelter or I can call the social worker - what do you think is best?</p>
<b>OPTIONS</b>	<ul style="list-style-type: none"> <li>Guide 7 – Options</li> <li>Pamphlet – Options – (page 3)</li> </ul>	<ul style="list-style-type: none"> <li>You have options or choices- that will help you to stay safe and to keep your baby safe (Refer to Guide 7 – and Pamphlet – Page 3)</li> <li><b>Your options are to:</b> <ul style="list-style-type: none"> <li><b>Stay with the abuser</b> <ul style="list-style-type: none"> <li><b>If you stay – Make a Safety Plan (Avoid fighting in the kitchen or bathroom; remove weapons); Call the police if he abuses again; Attend a battered women’s support group; Get the abuser to go to batterer’s intervention; Get him to go to substance abuse treatment; Get counseling for the children; Get counseling for yourself</b></li> </ul> </li> <li><b>Remove the abuser (ARREST)</b> <ul style="list-style-type: none"> <li><b>Best way to stop the abuse; Temporarily removes the abuser; Police can arrest and file charges- woman can file charges and police arrest; Filing a report is not the same as filing charges – Ask the police what they are filing; Court can order him to batterer intervention program</b></li> </ul> </li> </ul> </li> </ul>



		<p>Use Page 5 of the Pamphlet</p> <ul style="list-style-type: none"> <li>• <b>Let's also List or Update other Resources (Telephone Numbers)</b> <ul style="list-style-type: none"> <li>• Emergency</li> <li>• Shelter</li> <li>• Counseling</li> <li>• Legal</li> <li>• Pregnancy Advisor</li> <li>• Other</li> </ul> </li> <li>• Is it safe for you to take this pamphlet home or should I keep it here?</li> <li>• I also have a card with some helpful numbers– it does not indicate that they are abuse numbers – would you like to take this home instead?</li> </ul>
<b>CONCLUSION</b>		<p><b>I want you to remember that no pregnant woman or her unborn baby deserves to be hurt. You have started to think about options and a plan for your safety and the safety of your unborn baby, and your children, who may be witnesses. Each time we meet we will talk about what is happening in your relationship with your partner and how things are going with your partner and your safety plan.</b></p>